

## Dreams Coming True on the Open Water by Dominique Legace

Have you ever dreamt of once in your life being able to do one of the hardest and most technical sports in the world... 'surfing'? If you answered yes, then you have to try out and discover the newest and fastest-growing water sport right now... 'wakesurfing'!

Wakesurfing is an awesome, fun sport. You can ride a constant, perfect wave for as long as you want without hurting yourself and with the ability to try new and exciting tricks. It's one of the few sports where you can be chilling, talking and having fun with friends while you are riding. Getting pushed by the wake is an amazing feeling, try it out and you'll be set for the summer.

### How to start wakesurfing:

1. First off, you need a good boat set-up. The speed you ride at is between 10 and 14 miles per hour with a rope between 10 and 15 feet long. The handle has to be long enough to reach the white-



wash of the wake.

2. In order to be solid on your feet, you have to put a lot of weight on the same side of the board (your choice which side) and you want to have more weight on the back than on the front.

For the best wakes and for optimum safety, you should use a V-drive or Direct-drive. However, right now you can use any boat you like as long as it has a swim guard (a cage you can put around the propeller to protect you from it).



**NEVER WAKESURF BEHIND A BOAT WITHOUT PROPELLER PROTECTION!** You can check it out at: [www.powerboatsafety.com](http://www.powerboatsafety.com)

### How to stand up for a beginner:

1. Float calmly on your back in the water with the board in front of you.  
2. Put your heel on the board where it will be when you are riding (your choice which side).  
3. Keep the handle in front of you, holding it with two hands. When you're ready, tell the driver and they will create a little tension in the rope.  
4. When you feel the tension, push the heel that is on the board down (towards the water) to flip the board perpendicular

while bending your knee.

Keep your arms straight and relax, letting the boat pull you out of the water. Remember not to force it, let the boat do the work for you.

### What to do once you're up:

1. Stay on the outside of the wake and place your feet in a comfortable position to ride. Start carving a bit to get used to the board.  
2. When you have a nice, clean wake and you feel comfortable, release your back hand from the handle and slowly go toward the wake to surf it a bit more.  
3. Once you get used to that try to create some slack in the rope by transferring a bit of your weight to your front foot while keeping the slack in the rope. When you get this, just let go of the rope and start surfing!  
Remember, if you put weight on your front foot you go forward, if you put weight on the back foot is how your break.

### The two types of wakesurfing:

1. Surf style: with 2 or 3 long fins for more carving and cutback.  
Skim style: with one small fin for more skateboard-like tricks (shuvit, spins, etc.).

You should try the new CALIBRATED wakesurf; it's quick, light and makes it easy to manoeuvre. All around this is just an awesome board to ride with.

Check it out at [www.calibratedwakesurfing.com](http://www.calibratedwakesurfing.com)

Remember to always wear a lifejacket and to enjoy your ride!

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